

HOWARD "HOWIE" REALUBIT

Registered Nurse, BSN, CCRN; (818) 359-8400; howie@chemshark.com

SUMMARY

Registered Nurse, BSN, CCRN with 5+ years of experience in Post-Anesthesia Care Units (PACU), Critical Care, Trauma, Cardiovascular, Medical, Surgical, and Neuro Intensive Care settings. Extensive expertise in post-operative recovery, airway management, hemodynamic monitoring, ventilator management, vasoactive infusions, and rapid recognition of patient deterioration. Proven ability to safely recover complex surgical patients while collaborating with anesthesia providers, surgeons, intensivists, and multidisciplinary teams to achieve optimal patient outcomes

WORK EXPERIENCE

MemorialCare Medical Center, Long Beach, CA [PACU]

Apr 2025 – Present

- Provide Phase I and Phase II recovery care for post-surgical and procedural patients with diverse medical and surgical diagnoses
- Perform comprehensive post-anesthesia assessments including airway, neurological, cardiovascular, respiratory, and pain evaluations
- Manage post-operative complications including respiratory distress, hemodynamic instability, bleeding, arrhythmias, and altered mental status
- Trained in ECPR/ECMO initiation and stabilization of critically ill patients

UC San Diego Medical Center, La Jolla, CA [PACU]

Jan 2024 – Mar 2025

- Managed critically ill medical patients requiring ventilatory support, continuous cardiac monitoring, and complex medication titration
- Served as preceptor for newly licensed nurses, promoting evidence-based practice and patient safety
- Participated in hospital-wide Rapid Response Team activations and emergency patient stabilization

Alvarado Hospital, San Diego, CA [CCU]

Dec 2023 – Feb 2024

- Monitored and treated critically ill cardiac patients requiring advanced cardiac support and invasive monitoring
- Managed patients with IABP support, mechanical ventilation, and complex cardiovascular conditions
- Performed continuous assessment of hemodynamic status and response to therapeutic interventions

TriCity Medical Center, Oceanside CA [SICU, ED]

Aug 2023 – Jan 2024

- Managed patients requiring CRRT, mechanical ventilation, vasoactive drips, invasive hemodynamic monitoring, and post-operative cardiac recovery
- Collaborated with multidisciplinary teams during admissions from the operating room, catheterization laboratory, and emergency department
- Demonstrated expertise in recognizing and responding to rapid clinical deterioration

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WORK EXPERIENCE CONTINUED

Scripps Mercy Hospital, San Diego, CA [ICU FLOAT]

Aug 2022 – Dec 2023

- Floated among multiple critical care units within a large academic medical center
- Cared for post-operative surgical patients, cardiac catheterization patients, and critically ill medical, surgical, and cardiac ICU patients
- Supported safe transitions of care between PACU, ICU, OR, and inpatient units

Sharp Grossmont Hospital, San Diego, CA [COVID SICU]

Sep 2021 – Aug 2022

- Recovered and managed complex cardiovascular, neurosurgical, and trauma patients following invasive procedures and surgery
- Monitored patients requiring ECMO, Impella, IABP, FloTrac, EVDs, and advanced hemodynamic monitoring
- Collaborated closely with surgeons, anesthesiologists, interventional cardiologists, and critical care teams

LAC+USC Med Center, Los Angeles, CA [PACU]

Feb 2021 – Aug 2021

- Provided direct PACU recovery care for trauma, cardiovascular, neurosurgical, and general surgical patients
- Assessed airway patency, pain control, neurological status, and post-operative complications following anesthesia
- Cared for diverse patient populations within a Level I Trauma Center serving a high-acuity community

Sanford Medical Center, Fargo, ND [COVID ICU]

Dec 2020 – Feb 2021

- Managed critically ill patients requiring mechanical ventilation, vasoactive medications, sedation, paralytics, and advanced cardiac support devices
- Delivered compassionate, patient-centered care recognized through Daisy Award nomination
- Demonstrated excellence in managing complex critical care patients during the COVID-19 pandemic

Kaiser West LA, Los Angeles, CA [COVID ICU]

Mar 2020 – Nov 2020

- Provided care for critically ill patients with ARDS, sepsis, myocardial infarction, stroke, post-cardiac surgery recovery, and transplant-related complications
- Assisted with orientation and mentorship of incoming travel nurses
- Maintained expertise in ventilator management, cardiac monitoring, and critical care interventions

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WORK EXPERIENCE CONTINUED

Providence Holy Cross, Mission Hills, CA [TELE, STEPDOWN] Sep 2019 - Feb 2020

- Monitored and managed patients recovering from critical illness, cardiac procedures, stroke, respiratory failure, and major surgery, recognizing early signs of clinical deterioration and initiating appropriate interventions
- Provided comprehensive nursing care for cardiac, medical, surgical, and post-ICU patients requiring continuous telemetry monitoring, frequent assessments, and complex medication management
- Collaborated with physicians, respiratory therapists, case managers, and multidisciplinary healthcare teams to coordinate patient care, facilitate safe transitions from ICU to step-down care, and support discharge planning

UC San Diego Jacobs Medical Center, La Jolla, CA [NEURO ICU, EXTERNSHIP] Jan 2018 - Aug 2019

- Monitored neurocritical care patients with EVDs, intracranial monitoring devices, and post-procedural interventions
- Assisted in the care of post-operative cardiac surgery patients, including stroke, brain aneurysm, SIADH, post-MI temperature recovery, craniotomy, and brain coiling procedures
- Developed advanced assessment and monitoring skills foundational to critical care nursing practice

EDUCATION

Bachelor of Science, Nursing Jan 2019 - Feb 2021

- Azusa Pacific University

Bachelor of Science, Biochemistry/Chemistry Jan 2018 - Dec 2018

- University of California, San Diego

KEY SKILLS

- PreOp
- PostOp
- ECMO trained & experienced
- Phase I Recovery
- Epic & Cerner EMR
- Phase II Recovery
- Airway Management
- Ventilator Management
- Critical Care Floating & Travel Nursing
- Rapid Sequence Intubation
- Ventilator Weaning
- Pain Management